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# basic education

Department:  
Basic Education  
**REPUBLIC OF SOUTH AFRICA**

## NATIONAL SENIOR CERTIFICATE

**GRADE 12**

**DANCE STUDIES**

**NOVEMBER 2023**

**MARKS: 150**

**TIME: 3 hours**

**This question paper consists of 11 pages.  
This question paper must be printed in full colour.**

## INSTRUCTIONS AND INFORMATION

1. This question paper consists of TWO sections with EIGHT questions in total.
2. SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE (60 marks)
  - Answer ALL FOUR questions in this section.
  - You have a choice between QUESTION 4.2 and QUESTION 4.3. If you answer both questions, only the FIRST answer will be marked.

SECTION B: DANCE HISTORY AND LITERACY (90 marks)

  - Answer ALL FOUR questions in this section.
  - You have a choice between QUESTION 6.4 and QUESTION 6.5. If you answer both questions, only the FIRST answer will be marked.
3. Number the answers correctly according to the numbering system used in this question paper.
4. Read each question carefully and take note of what is required.
5. Read the ACTION VERB at the start of each question to see what is required.

### ACTION VERBS USED IN THE QUESTIONS:

LOW-LEVEL QUESTIONS: identify, indicate, define, list, give, write, choose, describe

MEDIUM-LEVEL QUESTIONS: substantiate, explain, elaborate, discuss

HIGH-LEVEL QUESTIONS: identify, motivate, discuss, evaluate, develop, give opinions, analyse, motivate, design

6. You may do rough planning in the ANSWER BOOK. Draw a line through any work that should NOT be marked.
7. You will be assessed on your ability to:
  - Write in one language only
  - Organise and communicate information clearly
  - Use the specific format asked for in certain questions
  - Use specialist dance terminology, where appropriate
8. Write neatly and legibly.

**SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE****QUESTION 1: INJURIES**

Read the *WhatsApp* conversation below and answer the questions that follow.



- 1.1 Define a *strain*. (1)
  - 1.2 Identify THREE possible technique-related causes that could have led to Nic's hip strain. Substantiate your answer with examples. (3 x 2) (6)
  - 1.3 Explain the immediate and long-term treatment that the doctor could have suggested for Nic's hip strain. (4)
  - 1.4 Dancing while one has an injury can do more harm than good. Discuss the truth of this statement. (4)
- [15]**

**QUESTION 2: COMPONENTS OF FITNESS**

- 2.1 List FIVE safe stretching tips. (5)
- 2.2 Answer the questions below on cardiovascular/cardiorespiratory endurance.
- 2.2.1 Give a definition of *cardiovascular/cardiorespiratory endurance*. (1)
- 2.2.2 Explain how cardiovascular/cardiorespiratory endurance could play a role in preventing injuries. (2)
- 2.2.3 Evaluate whether or not your dance classes at school develop good levels of cardiovascular/cardiorespiratory endurance. Substantiate your answer with examples. (5)
- 2.3 Analyse how components of fitness are being used by the dancers in the image below.



[Source: <https://gwirtzmandance.org>]

(7)  
[20]

**QUESTION 3: GENERAL HEALTH CARE**

3.1 Indicate whether the following statements are TRUE or FALSE. Write only 'true' or 'false' next to the question numbers (3.1.1 to 3.1.4) in the ANSWER BOOK.

3.1.1 Overeating is beneficial for your health. (1)

3.1.2 Dancers need carbohydrates in their diet to maintain energy levels. (1)

3.1.3 Drinking water during dance class ensures that you stay hydrated. (1)

3.1.4 Relaxation techniques do not reduce stress and anxiety. (1)

3.2 Refer to the article headline below. Evaluate the influence that the headline could have on a dancer in current times.

**'Dance culture shifting from skinny to strong'**

[Source: <https://dailyutahchronicle.com/2018/01/24/dance-culture-shifting-skinny-strong>]

(6)  
[10]

**QUESTION 4: DANCE PERFORMANCE**

4.1 Values and attitudes are important in preparation for a practical dance examination.

4.1.1 List FIVE values and/or attitudes that could benefit a practical dance examination. (5)

4.1.2 Elaborate on how the values and/or attitudes listed in QUESTION 4.1.1 could assist you in preparing for a practical dance examination. (5)

**NOTE:** You have a choice between QUESTION 4.2 and QUESTION 4.3. Answer only ONE of these questions.

4.2 Discuss how attention to detail contributes to a good dance technique. (5)

**OR**

4.3 Discuss how personalisation of a dance contributes to a good dance performance. (5)  
[15]

**TOTAL SECTION A: 60**

**SECTION B: DANCE HISTORY AND LITERACY****QUESTION 5: IMPROVISATION AND CHOREOGRAPHY**

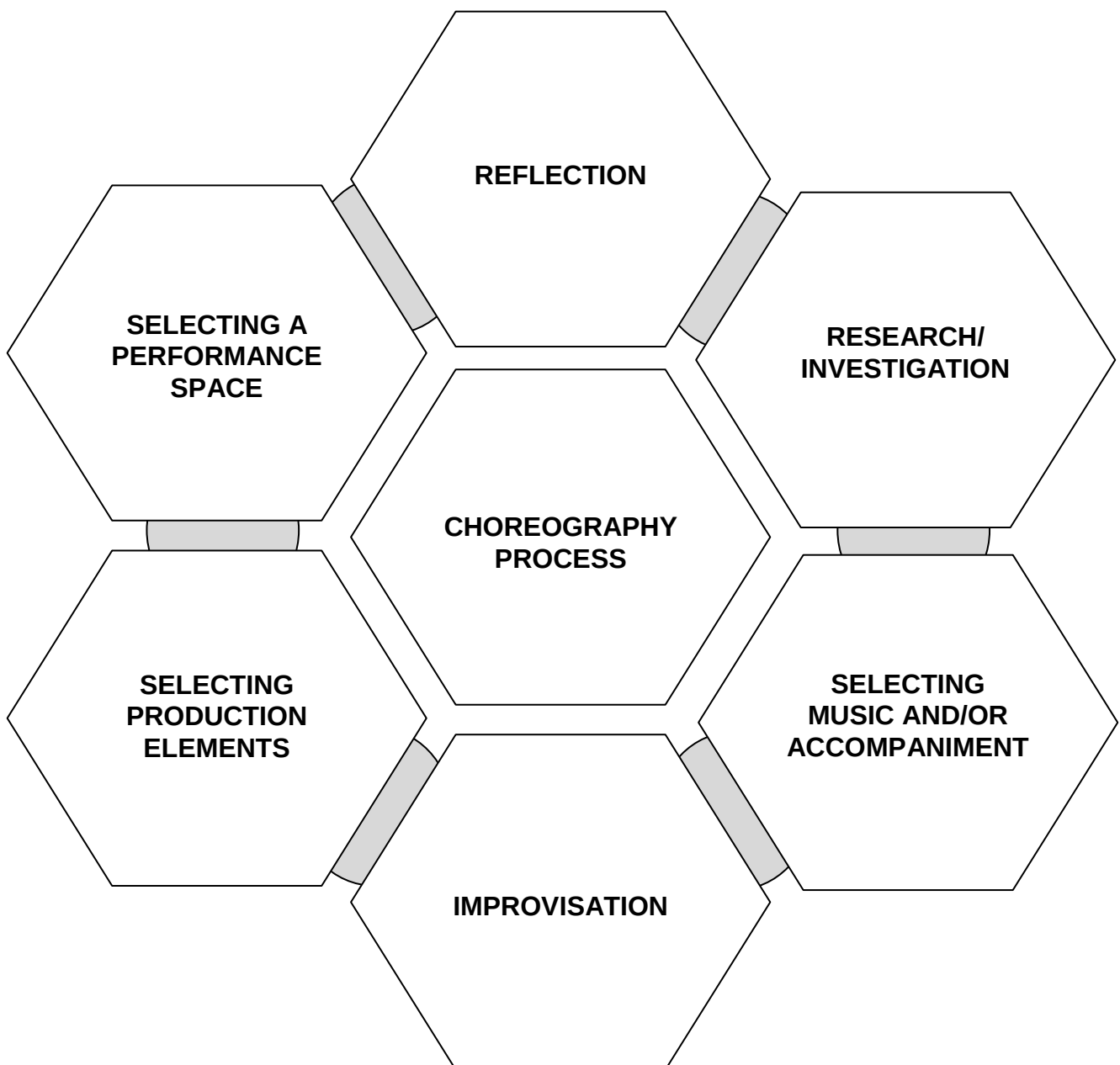
5.1 Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A–D) next to the question numbers (5.1.1 to 5.1.5) in the ANSWER BOOK.

- 5.1.1 A short sequence of movements or gestures repeated throughout a choreography:
- A Melody
  - B Dynamics
  - C Motif
  - D Genre
- (1)
- 5.1.2 A source of inspiration for dancers to explore and develop movement vocabulary:
- A Stimulus
  - B Balance
  - C Coordination
  - D Expression
- (1)
- 5.1.3 The art of creating or organising movement for a dance performance:
- A Rhythm
  - B Choreography
  - C Dance elements
  - D Dynamics
- (1)
- 5.1.4 Two or more dancers moving as one:
- A Phrasing
  - B Gestures
  - C Unison
  - D Canon
- (1)
- 5.1.5 Choreography presented in a non-conventional performance space:
- A Transition
  - B Phrasing
  - C Improvisation
  - D Site-specific dance
- (1)

5.2 Name the choreography PAT theme you selected this year.

5.2.1 Explain how you used dance elements and/or choreographic structures to communicate the intent of your choreography. (8)

5.2.2 Your choreography PAT required you to plan and create a dance work. The diagram below shows SIX aspects of a choreography process.



Using ALL the aspects in the diagram above, develop a plan that shows your approach to the process of choreographing. Motivate why you have arranged the aspects in this order.

(12)  
[25]

### QUESTION 6: DANCE LITERACY

6.1 Name your dance major. Identify SIX principles and/or characteristics of your dance major. (6)

6.2 Discuss how dance could add value to a community/society. (6)

6.3 Describe the roles and/or responsibilities of a stage manager. (5)

**NOTE:** You have a choice between QUESTIONS 6.4 and 6.5.  
Answer only ONE of these questions.

6.4 Visual literacy allows you to interpret symbolic meaning. Identify the symbolism in the image below. Motivate your answer.



[Source: <https://philanthropost.files.wordpress.com/2010/12/per-anders-pettersson.jpg>]

(8)

OR

- 6.5 Visual literacy allows you to interpret symbolic meaning. Identify the symbolism in the image below. Motivate your answer.



[Source: <https://www.designindaba.com/articles/creative-work/set-designer-es-devlin-will-take-stage-design-indaba-2018>]

(8)  
[25]

**QUESTION 7: DANCE WORK**

Choose ONE dance work that you have studied from the prescribed list below.

| <b>INTERNATIONAL CHOREOGRAPHERS</b> | <b>DANCE WORKS</b>  |
|-------------------------------------|---------------------|
| George Balanchine                   | <i>Apollo</i>       |
| Alvin Ailey                         | <i>Revelations</i>  |
| Martha Graham                       | <i>Lamentation</i>  |
| Christopher Bruce                   | <i>Ghost Dances</i> |

| <b>SOUTH AFRICAN CHOREOGRAPHERS</b> | <b>DANCE WORKS</b>                                |
|-------------------------------------|---------------------------------------------------|
| Veronica Paeper                     | <i>Orpheus in the Underworld</i>                  |
| Vincent Mantsoe                     | <i>Gula Matari</i>                                |
| Alfred Hinkel                       | <i>Bolero</i> <b>OR</b> <i>Cargo</i>              |
| Sylvia Glasser                      | <i>Tranceformations</i>                           |
| Mavis Becker                        | <i>Flamenco de Africa</i>                         |
| Hazel Acosta                        | <i>Blood Wedding</i>                              |
| Gregory Maqoma                      | <i>Four Seasons</i> <b>OR</b> <i>Skeleton Dry</i> |

In the ANSWER BOOK, design an informative poster of the dance work you have selected.

Include the following information in your poster:

- Name of the dance work
- Synopsis
- Production elements
- Movement vocabulary
- Symbolism

(20)

**NOTE:** Use TWO A4 pages for your poster. Your design may be in portrait or landscape. You do NOT have to use colour in your design. FIVE marks will be awarded for creativity, layout and organising.

(5)  
[25]

**QUESTION 8: CHOREOGRAPHER**

Choose ONE choreographer that you have studied from the prescribed list below.

| <b>SOUTH AFRICAN CHOREOGRAPHERS</b> | <b>INTERNATIONAL CHOREOGRAPHERS</b> |
|-------------------------------------|-------------------------------------|
| Alfred Hinkel                       | Alvin Ailey                         |
| Gregory Maqoma                      | Christopher Bruce                   |
| Hazel Acosta                        | George Balanchine                   |
| Mavis Becker                        | Martha Graham                       |
| Sylvia Glasser                      |                                     |
| Veronica Paeper                     |                                     |
| Vincent Mantsoe                     |                                     |

Name the choreographer you have chosen. Write a biographical essay about the choreographer.

**NOTE:** Marks will be awarded for format.

**[15]**

**TOTAL SECTION B: 90**  
**GRAND TOTAL: 150**